

PRACTICE SCHEDULE - LEVEL 1

Up to 5 days per week *

* TUE / THU Practice with Permission from Coach Ashley



UPAC Winter Session 2012 - **Curtis HS Pool**

Updated 1/28/2012 - watch email for future updates

NEW Practice Times and Location Effective December 01

MON	TUE	WED	THU	FRI
		Feb 1 5:00 - 6:00	Feb 2 4:45 - 5:45	Feb 3 No Practice
Feb 6 5:00 - 6:00	Feb 7 4:45 - 5:45	Feb 8 5:00 - 6:00	Feb 9 4:45 - 5:45	Feb 10 5:00 - 6:00
Feb 13 5:00 - 6:00	Feb 14 4:45 - 5:45	Feb 15 5:00 - 6:00	Feb 16 4:45 - 5:45	Feb 17 5:00 - 6:00
Feb 20 No Practice	Feb 21 4:45 - 5:45	Feb 22 5:00 - 6:00	Feb 23 4:45 - 5:45	Feb 24 5:00 - 6:00
Feb 27 5:00 - 6:00	Feb 28 4:45 - 5:45	Feb 29 5:00 - 6:00		
			Mar 1 4:45 - 5:45	Mar 2 5:00 - 6:00
Mar 5 5:00 - 6:00	Mar 6 4:45 - 5:45	Mar 7 5:00 - 6:00	Mar 8 4:45 - 5:45	Mar 9 5:00 - 6:00
Mar 12 5:00 - 6:00	Mar 13 4:45 - 5:45	Mar 14 5:00 - 6:00	Mar 15 4:45 - 5:45	Mar 16 5:00 - 6:00
Mar 19 5:00 - 6:00	Mar 20 4:45 - 5:45	Mar 21 5:00 - 6:00	Mar 22 4:45 - 5:45	Mar 23 5:00 - 6:00
Mar 26 5:00 - 6:00	Mar 27 No Practice	Mar 28 5:00 - 6:00	Mar 29 4:45 - 5:45	Mar 30 5:00 - 6:00